



# Newsletter

**Issue 15**

**Thursday 21 September 2023**

Dear Parents and Caregivers

Tēnā koutou katoa

What a busy term it has been, particularly towards the end of the term. There has been lots of great learning happening in classes, the introduction of new programmes of learning such as Aotearoa New Zealand Histories and the 'Mitey' wellbeing programme. Teachers have spent a significant amount of time on professional learning in order to effectively deliver these programmes to their class.

We have had plenty of Bay Suburbs and Eastern Zone sports this term so have had lots of children spending cold winter mornings at practices on the school field. The AIMS games in Tauranga was a highlight for the 48 Year 7&8 children who competed. The AIMS teams and individuals were recognised today at the Thursday morning assembly and we invited the coaches, managers and helpers along too.

Last week was Te Wiki o Te Reo Māori (Māori Language Week). Teachers made a concerted effort to place more Te Reo into their class programme and a huge thanks to Miss Mill for supporting the teachers in their upskilling of Te Reo. Some classes have fantastic displays showing some of their mahi. This week is New Zealand Chinese Language Week. All students learn Mandarin through our wonderful Mandarin teacher, Lou Laoshi. This week I see that some classes are incorporating more into their usual lesson to recognise the significance of the week.

I had the opportunity to attend the New Zealand Principals Federation Conference in Queenstown last week. There were some very good speakers Patrick Camangian on transformative education, Pasi Salhberg from Finland on Equity and excellence in education, Abbas Nazari talking about his journey from Afghanistan to New Zealand and Dame Valerie Adams. The Senior Leadership Team visited two schools in Queenstown. The brand new Te Kura Whakatipu o Kaearau and Shotover school which is eight years old. We were able to take away some great ideas from both schools.

Last night it was wonderful to meet a few of our families at our school Māori Hui. We had a number of questions we discussed as a group to aid the schools planning for 2024. We met with the children earlier yesterday to hear their perspective about how to make school even better than it already is.

I am very much looking forward to the Dance Competition that is on today. I missed last year as I was out of the school, so I certainly did not want to miss it this year. I know how much effort the students and teachers have put into practising the routines. Finally we have Excellence Assembly on Friday afternoon which will round off nicely the end of Term 3.

Don't forget that it gets warmer next term and children will need to wear their school hat when they are outside at school. Sunscreen in the school bag is also a good idea. I wish you all a safe and enjoyable holiday and I will see everyone on 9 October ready for the final term of the year.

Noho ora mai

Sean Valvoi  
Principal

## NEW FAMILIES MORNING TEA

On Friday 25 August, the Senior Leadership Team and Kathy Harding from the Board hosted a morning tea for all the new families who have joined our school this term. We were delighted to have so many parents join us and share a little of their family background and to meet other families who are new to our school.

It was a great opportunity to answer any questions for the families, to learn a little more about our school, the Senior Leadership Team and the role of the Board.

It was lovely to spend time getting to know a little more about our new families and their connections to St Heliers School.



## OUT OF ZONE ENROLMENT OPEN MORNING

The Senior Leadership Team, with the support of our fabulous Student Leaders, were delighted to run an open morning for prospective new families to St Heliers School. We had a great turn out of parents and children across the age ranges who are now considering, and completing, the out of zone applications for St Heliers as a schooling option for their children.

We started with a presentation about the vision, values, structure and organisation, and the learning programmes offered. The presentation was concluded with a general Q & A session, a tour of the school by the Student Leaders and an opportunity to ask the children questions as they toured the school.

The feedback from our visitors was that it was a very informative morning; the school is a welcoming, friendly environment and the visitors were very complimentary about our Student Leaders and the conversations whilst on the tours.

Out of Zone Applications close on 11 October 2023 and a ballot will be conducted on Wednesday 18 October by our local Community Constable.

## KEA KIDS

Another of our St Heliers School children has starred in the Kiwi Kids news as an interviewer.

Chihling Z has obviously thoroughly enjoyed this opportunity.

You too will be impressed with her fabulous performance when she interviews a student from Orakei School who won the New York Street International Dance competition.

Go Chihling!!!

[Kea Kids News: 10 year-old Kiwi kid wins New York City street dance competition](#) (Ctrl click)

Thank you Kiwi Kids for helping us give kids a voice in the news!





Over the past few years St Heliers School has investigated a variety of Mental Health/Wellbeing Programmes for children. After careful consideration, we have partnered with Mitey, which was founded by Sir John Kirwan. Over the next two years we will work with Mitey to grow and support the mental health and wellbeing of all our children.

The Sir John Kirwan Foundation has designed Mitey with NZ teachers and the University of Auckland to provide an evidence-based approach to teaching mental health education to primary and intermediate aged children.

It is built around the NZ curriculum and embedded into everyday learning, to ensure children are equipped with the age-appropriate skills and knowledge they need to recognise and respond to mental health issues in both themselves and others before they enter teenage years.

Mitey has successfully implemented its approach to schools in Auckland and we are excited to be included.

### THIS IS HOW IT WORKS

A Mitey coach is working with our teachers to develop teaching and learning. This will also ensure Mitey is tailored to our school's unique culture and community.

Mental health education will be taught by our teachers in every classroom with the skills, knowledge and understanding of mental health integrated into what is already being taught. Parents and the whole school community are an integral part of Mitey's approach and as with all our learning your engagement and support is a key aspect of educating our students. We encourage you to discuss this new learning with your child/ren.

### WHY THE NEED

Mental health concerns and issues amongst NZ youth have doubled in the past 10 years and we all agree that unhappy students don't learn. Partnering with Mitey allows our school to be part of a transformational change for young people by enabling them to nurture their mental health – and that of others – for the rest of their lives.

**The following link will take you to Mitey's homepage:**

[www.mitey.org.nz](http://www.mitey.org.nz)

MITEY.ORG.NZ

## MERIT AWARDS YEAR 5-8

Well done all those students who received Merit Certificates at the Year 5-8 Merit Award Assembly on Friday 15 September.

Merit Awards recognise those children who have made a conscientious effort to improve an aspect of their schooling. These awards are about qualities such as perseverance, commitment, determination, diligence, improvement and a positive attitude.

Merit Awards - September		
Yr	Rm	Name
5	21	Oscar D
5	21	Nixon H
5	21	Julian C
5	21	Amelia BD
5	21	Pedro E
5	24	Elliot R
5	24	Noa A
5	24	Tayla T
5	24	Micah H
5	24	Seira A
5	25	Nate A
5	25	Lexi vdH
5	25	Austin P
5	25	Toby C
6	22	Vesper G
6	22	Jake M
6	22	Archie N
6	22	Joshua SJ
6	22	Spencer G
6	23	Isshi F
6	23	Kangwoo K
6	23	Magnus L
6	23	Sunnie DNB
6	23	Ryan L
6	26	Giang B
6	26	Chloe C
6	26	Marcus H

Merit Awards - September		
Yr	Rm	Name
7	18	Anna Clara P
7	18	Spencer L
7	18	Vicente D
7	18	Mila McF
7	19	Isla B
7	19	Juliano T
7	19	Andrew H
7	19	Alice C
7	19	Lucas C
7	27	Makar B
7	27	Roman A
7	27	Inca E
7	27	Pierre C
8	14	Will B
8	14	Shaneal D
8	14	Georgia B
8	14	Sam W
8	14	Lewis I
8	15	Chi B
8	15	Holly B
8	15	Ethan A
8	15	Jah McC
8	20	Ruby A
8	20	Mila L
8	20	Cooper H
8	20	D'Arcy L



## YEAR 0&1 TEREHU TEAM STEPPING OUT

As part of our Health Curriculum, Rooms 1, 2, 3, 7 and 8 have been learning how to keep safe when walking to school or travelling in the car. Constable Gordon, our Community Constable, visited classes to teach us how to safely cross the road, what to look for when walking to and from school, especially sneaky driveways and how to be a seatbelt police person.

The children practised what they had learned by going for a little walk around our school with the support of some Year 6 children. To help us remember how to cross the street, we learned a little rhyme ...

**stop, look and listen before you cross the street  
use your eyes, use your ears before you use your feet!**

The part we all enjoyed the most was when we dressed up as police people and went for a little ride in the police car. The siren was super loud but very, very exciting!



## TE WIKI O TE REO MĀORI



Ngā mihi nui ki a koutou katoa. Greetings to you all. Te Wiki o te Reo Māori took place at St Heliers School/ Te Kura o Whanganui from 11-17 Hepetema /September 2023. The theme was Kia Kaha O Te Reo Māori - making the language stronger - picking up from where it left off in 2022. All the ākonga/students (Year 1-8) enthusiastically took part in Te Wiki O Te Reo Māori, learning new kupu/words and phrases, listening to Māori legends, singing waiata, taking part in kapa haka, researching and discovering more about the courageous 28th Māori Battalion, creating visual art and celebrating a large variety of Māori tikanga/customs and culture. Tihei Mauri Ora!



## MANDARIN—NEW ZEALAND CHINESE LANGUAGE WEEK

This week (September 18th-24th) marks the celebration of Chinese Language Week in New Zealand. This annual event is a vibrant tribute to the Chinese language and culture. Coincidentally, next Friday (September 29th) will bring the Mid-Autumn Festival, also known as the Moon Festival, a cherished tradition in Chinese culture. This festival honors the full moon, symbolising unity and family reunions, while families gather to enjoy mooncakes and admire the moon.

During this week, students have learnt the origins of the Mid-Autumn Festival, including the fascinating tale of Chang'e, the moon goddess. Interestingly, this narrative shares some similarities with the Māori culture myth about Rona and the Moon. Additionally, students have engaged in various artistic activities related to the Mid-Autumn Festival.

Yanyan Lou (娄老师)



## SPORTS UPDATE

### **EASTERN ZONE GIRLS BASKETBALL**

At the end of Term 3, the girls in the St. Heliers basketball team trained from the start of the term to make their way to the tournament. Every Wednesday and Friday, we practised at the basketball court and got better and better with help from the Year 8 teachers, Mr. Christie and Mrs. Ward. The girls from the team made their way to the official basketball tournament. We competed against many teams, but we were unlucky. Our team was supportive of each other and other teams. The girls would definitely do it again and would recommend other girls who like basketball to sign up too.

By Kristina N



### **EASTERN ZONE BOYS BASKETBALL**

On the 14th September the Kākahi Basketball team attended the Eastern Zone Basketball competition. We had lots of practise leading up to the event, including the AIMS competition. We played six games on the day, winning our four pool games. In the semi-finals we played Sacred Heart and lost in a very close game. Parnell was our opponent for the playoffs for 3rd and 4th. With a cool, calm and collected approach we took Parnell and secured 3rd place. A massive thank you to Tim Hornibrook, Raymond and Sheryl Wu and Louise Mitchelson for assisting the team at trainings and on the day.

By Eli D



#### **2023 AIMS GAMES RESULTS**

EVENT	STUDENT NAMES	RESULTS
Girls Futsal (8)	Abigail L, Amber-Rose M, Beren M, Charlotte C, Eve H, Georgia B, Lucie S, Ruby A	3rd (22 teams)
Boys Futsal (8)	Ethan A, Cooper H, D'Arcy L, Felix H, William M, Alex M, Tyson G, Lewis I	3rd (38 teams)
Boys Basketball (12)	Isaiah Hornibrook, Jamie Wu, Sam W, Ian Mitchelson, Shaneal D, Ronan N, Owen N, Daniel H, Nathan C, Harper CR, Eli D, Toby L	60th (88 teams)
Boys Football (13)	Jake R, Leo H, Harley H, Matty G, Jack S, Milan N, Mack C, Aidan Prest, Will Mahon, Richie H, Marcel M, Blake M, Reid S	42nd (54 teams)
Rock Climbing Y7 Boys	Summit E	7th =
Tennis	Lucas P	11th (Boys Singles Division 2)
Tennis	Matisse A	9th (Girls Singles Division 1)
Yachting Y8 Boys Opti	James D	37th overall (Gold Fleet)
Yachting Y8 Girls Opti	Rebecca R	3rd overall, 1st Y8 Girl (Silver Fleet)
Yachting Y7 Girls Opti	Isla B	6th overall, 2nd Y7 Girl (Silver Fleet)
Mountain Biking XC & Enduro	Will B	DNF
Cross Country	Sam W	57th



# AIMS GAMES

## BOYS FUTSAL

If I had to describe the boys futsal team's experience at AIMS in three words I would say passionate, determined and focussed. After topping our pool group we went through to the next round and then onto the semi-finals, where we lost a tough battle to St Kents 2-1. We finished AIMS on a high winning the 3rd place medal. The team wouldn't have been able to achieve what we did without our amazing coach, manager, parents and the support from the other SHS AIMS teams including Mr Valvoi.

By Cooper H

## GIRLS FUTSAL

Eight excited Year 7&8 futsal girls went to Tauranga, along with 11,000 other athletes from around the country and overseas. We started with a very aggressive first game, resulting in a yellow card for the other team, but proudly finished second in our round robin with the high goal difference. In the next round we played Bucklands Beach and were down 2-0 in the first five minutes, had an own goal, a red card against us and we were one player down. We fought back to a 2 all draw, which was enough to get us to the semi final. In the semi sadly we lost by one goal and then we put our body on the line to win the 3rd and 4th play off, and came out with a bronze medal.  
*Eve H*

## YEAR 7 FOOTBALL

AIMS Games is a tournament held in Tauranga where loads of different schools come to compete in several sports and to enjoy time with their friends. A group of friends decided to form a football team and really enjoyed the experience. It wasn't as easy as that though, as we had to spend a lot of time fundraising and training. We were lucky to have a professional coach Nimish who helped us improve our skills and taught us to work as a team. The highlights were attending the opening ceremony and being with mates. As for our placement, we came 42 out of 56 teams, but the result didn't matter because we all really enjoyed it, and was a great experience and so much fun. I hope the future Year 7&8 students take the opportunity and have just as much fun as we did.

Written By Jake And Leo





### **CROSS COUNTRY**

#### **Sam W**

We arrived early morning at AIMS cross country and walked the course which included a particularly steep hill near the end which looked especially challenging! We watched all the races before Sam's, experiencing a great atmosphere with everyone encouraging their friends. Sam's race was last up. He had a good run despite his nerves, smiling and waving as he passed us, and came in 57th place, achieving his goal of placing better than last year. AIMS cross country was a great experience and the support from the crowd and the cheerful atmosphere all contributed to a great day out!

*Jenny Howie*

### **TENNIS**

#### **Matisse A**

It was a fantastic experience. We were all blown away by the great opening ceremony which was very well organised and the children were involved the whole time. The tennis organisers were very patient and professional. We found this opportunity a great one for any student to be lucky enough to experience. Matisse can't wait until next year!

*Priscilla Allington*

#### **Tennis - Lucas P**

Lucas really enjoyed his trip to Mt Maunganui for AIMS games. Although he didn't win some of his matches, he played the best he's ever played and all the competitors were friendly and good sports. Apart from the tennis, the opening ceremony was highly entertaining and the Mt Maunganui hot pools were amazing. We had a wet day with no tennis for Lucas, so we went to watch Summit compete in the indoor climbing followed by Sals Pizza, then an afternoon of 10 pin bowling and arcade games... it seems that the sport was only a part of the experience!

*Lucas and Simon Peryer*

### **ROCK CLIMBING**

#### **Summit E**

Summit had a great time at his first AIMS Rock Climbing competition. He placed a commendable 7th = place, just missing out on going through to the finals with the top five. It was a great experience overall and we're looking forward to returning next year.

*Ty & Summit Evans*

### **SAILING**

A trio of sailors represented St Heliers School at the AIMS Games. Tauranga is regarded as one of the most difficult places in New Zealand to sail, with shifty winds and strong tides, and our three got a taste of it during the three days of competition featuring 81 sailors from around the country. Rebecca R finished first girl and third overall in Silver fleet, Isla B was fifth Y7 girl overall and James D qualified for Gold fleet. All three thoroughly enjoyed their experiences, on and off the water, even finding time to go to the opening ceremony.

*Linda Ross*

# SPORTS cont...



## SPORTS UPDATE cont...

### GYMNASTICS AUCKLAND CHAMPS

Competing against the top gymnasts in Auckland in their age groups the girls finished with impressive results. Aria placed second equal in the Year 6 competition, while our youngest gymnast, Charlotte Penman Year 2, came 20 = in the Y4 Girls competition. The Year 4 team, with one gymnast down, placed 8th overall and the Year 6 team 5th overall.

Thank you to Vanessa Hutt and Taryn Evans who managed the teams.



YEAR 4	YEAR 6
Charlotte P 20 =	Aria H 2 =
Carys P 20 =	Bella R 2 9 =
Liya v Z 72	Alice McD 41
Team - 8th	Emery v Z 48
	Team - 5th

### SWISHED ON BASKETBALL AT ST HELIERS SCHOOL TERM 4

#### Term 4 St Heliers School Basketball Training with Swished On - New Players Welcome

- Week 1 - Week 9 (10 October - 5 December), no week 3 (24 October)
- Tuesday lunchtimes 12:45pm - 1:25pm in the school hall

Term Fee: **\$90**

New Players Enrolment steps:

- New Players: Please click the enrol link: <https://forms.gle/c3jfuHq1LrYsZgqx9>. Fill out the form, choose the school programme – St Heliers School

THRIVE THROUGH BASKETBALL

### REMUERA HOLIDAY PROGRAMME

JUNIORS : SCHOOL YEAR 3-8  
9:00 AM-3:30 PM

BOOKINGS ESSENTIAL - 35 SPOTS AVAILABLE EACH DAY

<p><b>WEEK 1</b></p> <p>MONDAY 25TH SEPT TUESDAY 26TH SEPT WEDNESDAY 27TH SEPT THURSDAY 28TH SEPT FRIDAY 29TH SEPT</p>	<p><b>WEEK 2</b></p> <p>MONDAY 2ND OCT TUESDAY 3ND OCT WEDNESDAY 4ND OCT</p>
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BOOK BELOW

**PRICE**

1 DAY FEE: \$75    6 DAY FEE: \$350  
2 DAY FEE: \$140    7 DAY FEE: \$400  
3 DAY FEE: \$200    8 DAY FEE: \$450  
4 DAY FEE: \$250    9 DAY FEE: \$500  
5 DAY FEE: \$300

PROGRAMMES RUN OUT OF:  
KING'S SCHOOL  
258 REMUERA ROAD,  
REMUERA,  
AUCKLAND 1050

CONTACT:  
CLODIA@SWISHEDON.BASKETBALL  
021 634 465

THRIVE THROUGH BASKETBALL

### GLENDOWIE HOLIDAY PROGRAMME

JUNIORS : SCHOOL YEAR 3-8  
9:00 AM-3:30 PM

BOOKINGS ESSENTIAL - 35 SPOTS AVAILABLE EACH DAY

<p><b>WEEK 1</b></p> <p>MONDAY 25TH SEPT TUESDAY 26TH SEPT WEDNESDAY 27TH SEPT THURSDAY 28TH SEPT FRIDAY 29TH SEPT</p>	<p><b>WEEK 2</b></p> <p>MONDAY 2ND OCT TUESDAY 3ND OCT WEDNESDAY 4ND OCT THURSDAY 5ND OCT</p>
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5 DAY FEE: \$300

PROGRAMMES RUN OUT OF:  
GLENDOWIE COLLEGE  
21 CROSSFIELD ROAD,  
GLENDOWIE,  
AUCKLAND 1071,

CONTACT:  
CLODIA@SWISHEDON.BASKETBALL  
021 634 465

If you would like to help  
out  
please get in touch with  
[sarah\\_sturge@yahoo.com](mailto:sarah_sturge@yahoo.com)

COOL FRIDAYS



# cool fridays

'Cool Fridays' are coming in Term 4 on Friday 13th of  
October

Every Friday after school from 2:45-3:15 the PTA will  
be selling iceblocks outside the school hall. to raise  
money for the children

So please come along. the iceblocks will be 2\$ each  
or 5\$ for 3

## WELCOME TO ST HELIERS SCHOOL

We would like to welcome our new students who started at St Heliers School since the last newsletter: Zac Z, Eishan S.

## UPCOMING EVENTS

Friday 22 September Excellence Assembly @2pm  
Last day of Term 3 school finishes @3pm

Term 4  
Monday 9 October Term 4 starts  
Wednesday 11 October Y2 trip to see The Twits  
Wednesday 18 October Y7 Waterwise  
Thursday 19 October Y8 Waterwise

### 2023 SCHOOL YEAR DATES

Term 3 17 July—22 Sept.  
Term 4 9 October—15 Dec.

**STAFF ONLY DAY**  
Tuesday 24 October 2023

## TERM 3 ASSEMBLIES

Date	Week	Event	Time
Friday 22 September	10	Whole School Excellence Assembly	2pm

*Sandy*  
IN THE BAYS

RayWhite.



022 0506 071

sandy.hayer@raywhite.com

Maguire Realty Limited Licensed (REAA 2008)

## GIVING BACK





**WHO**  
9-11 year olds who are water confident

**WHEN**  
**10 Sessions**  
Sundays starting:  
29th October 2023  
  
Final session:  
17th December 2023

**COST**  
\$495 - covers club membership, coaching, and charter boat

# Kohimarama Yacht Club Learn to Sail



**WHY KYC?**

Family orientated club so parents and sailors learn together.

New self-bailing opti cube yachts. Spend more time sailing, less time bailing.

Our fantastic coaches are very experienced. Many learnt to sail at KYC. Coach to sailor ratio 1:5.

KYC is East Auckland's premier youth dinghy racing club.

Complete Learn to Sail certificates 1 & 2!

**REGISTER NOW**  
[www.kyc.org.nz](http://www.kyc.org.nz)

**CONTACT**  
Murray Scott  
021 494 793  
[murroldz@gmail.com](mailto:murroldz@gmail.com)



Job Vacancy –Bizzy Bodz After School Care Programme Team Leader – St Heliers (Out of School)

Come and be a part of the Bizzy Bodz team, joining a fantastic company that creates fun, safe and exciting environments for our children every day as a Team Leader for our programme in the Eastern Bays area. We're looking for someone who has experience with, and genuinely loves working with children.

Send your CV or request an application form by emailing Kate at [hr@bizzybodz.co.nz](mailto:hr@bizzybodz.co.nz) or call 09 530 9020 to discuss the role further

# COLLEGE RIFLES JUNIOR TOUCH

**DATES:**  
THURSDAY 12TH OCTOBER - THURSDAY 14TH DECEMBER 2023  
THURSDAY 25TH JANUARY - THURSDAY 29TH FEBRUARY 2024  
FRIDAY 13TH OCTOBER - FRIDAY 15TH DECEMBER 2023  
FRIDAY 26TH JANUARY - FRIDAY 1ST MARCH 2024



**REGISTER ONLINE NOW: [WWW.COLLEGERIFLES.CO.NZ](http://WWW.COLLEGERIFLES.CO.NZ)**





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# EAT YUMMY APPLES FOR NEW SPORTS GEAR FOR YOUR SCHOOL!



Collect the stickers from Yummy Apples and cut-outs from 1.5kg bags of Yummy Apples for your school's share of sports gear worth



# \$200,000



## \* RUNS THROUGH TO END OF TERM 3

EATING HEALTHY FOR COOL SPORTS GEAR SINCE 1998...

Yummy Apples at

